

INSTRUCTIONS FOR USE

PLEASE READ CAREFULLY

GENERAL INFORMATION

Prosys® SensaCath® Intermittent Catheter has sterile and an activated hydrophilic surface. It is ready for insertion into urethra without any delay. The catheter is stored in its own sterile water in aluminium pouch.

Prosys® SensaCath® Intermittent Catheter is a single use urine catheter which is made of phthalate free PVC (Polyvinyl Chloride) and coated with cross-linked PVP (Polyvinylpyrrolidone). It is latex free. The surface layer of catheters has a hydrophilic coating that binds water than the catheter has got a very wet and slippery surface. The hydrophilic surface means that the catheter has low friction when inserted.

Prosys® SensaCath® Intermittent Catheter is used to drain the urine of people who cannot empty the urine in the normal way and intermittent catheterisation. It is for single use only and must be discarded after use.

STORAGE

It should be stored at room temperature (5-30°C) whilst avoiding direct sunlight.

STERILISATION

Sterilised with Gamma Irradiation

WARNINGS

Intermittent self-catheterisation is a common procedure; however, you should always seek guidance from your healthcare professional and carefully read the instructions before use. Intermittent self-catheterization using the **Prosys® SensaCath® Intermittent Catheter** should only be carried out under medical advice e.g. physician – and in accordance with the instructions given.

The sterile water in the catheter is harmless. Nevertheless, do not use the catheter if the package is open or torn, or has expired.

It is single use only. Reuse, reprocessing, cleaning,

disinfection or resterilisation may compromise product characteristics which in turn may create a potential risk to the user. Catheterisation should be completed as soon as possible after the packaging is opened and the catheter should be removed once the bladder is empty.

In case of potential urinary infection with symptoms such as fever, discomfort on emptying bladder, frequent need to empty bladder or blood in urine; in the event of a serious side effect or side effects not indicated in the guideline (catheter break, allergy, risk of bleeding, fluid inside the device is cloudy and smelly) please contact your doctor, pharmacist or manufacturer. Consult your professional healthcare provider.

User should be trained in the proper use of the **Prosys® SensaCath® Intermittent Catheter Ready to Use**. The user manual should be read carefully before applying.

Clinisupplies accepts no liability or loss that may arise if this product is not used entirely according to the company's recommendations.

COMPLICATIONS

- Urinary track infection (high probability)
- The low probability of risk of bleeding due to trauma and infection
- Rarely epididymitis, urethritis, hematuria, urethral stricture, bladder stones

SIDE EFFECTS

- Urinary tract infection, sepsis
- Hematuria, skin irritation, burning, pain sensation
- Urethral bleeding
- Including urethral trauma and urethral stricture their potential underlying bladder dysfunction
- Urinary system stone disease
- Epididymo-orchitis, epididymitis and pyelonephritis

INSTRUCTION FOR USE

Prosys® SensaCath® Intermittant Catheter is ready to use as soon as you open the packaging, so ensure you are ready to proceed with the catheterisation straight after opening it.

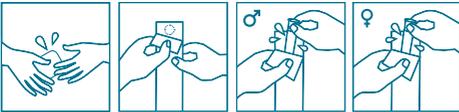
1. Begin by washing your hands and the area around the urethral orifice. It is important to avoid transferring bacteria onto the catheter from your hands or surrounding areas.
2. Attach the catheter package to a smooth surface using the sticky dot.
3. Peel the package open and the catheter can be removed and used immediately. Please take care not to drop or contaminate the catheter.
4. **Preparation for insertion of the catheter:**

a. Female:

With one hand, part your labia to expose the urethral orifice.

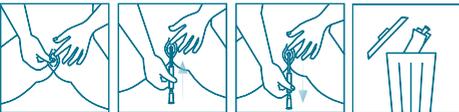
b. Male:

Straighten out your urethra by lifting your penis with one hand. Avoid squeezing the penis, as this may make insertion of the catheter more difficult.



5. a. Female:

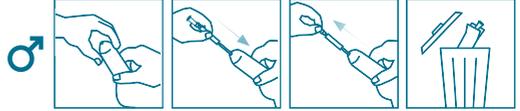
Without touching the clear catheter, use the **non-touch slider** or end connector to gently insert the catheter into the urethra approximately 2cm at a time.



b. Male:

Without touching the clear catheter, use the **non-touch slider** to gently insert the catheter into the urethra approximately 2cm at a time.

Just before the catheter reaches the bladder you may feel a slight resistance due to the sphincter.



6. Continue to insert the catheter into the urethra until urine starts to flow.

Note: The catheter can be connected to a urine drainage bag if there is no toilet nearby.

7. When the urine stops flowing, ease out the catheter 2 to 3cm. If the urine restarts, wait a few seconds before easing out the catheter another 1 to 2 cm. Once the bladder is completely empty, remove the catheter slowly and dispose of it safely.

PACKAGING

Quantity per box 30 pcs

STERILE R	Sterilised using Gamma Irradiation	5°C - 30°C	Do not exceed 30°C
	Do not re-use		Keep away from sunlight
	Do not re-sterilise		Consult instructions for use
	This device is free from natural latex		Do not use if package is damaged
	Bis(2-ethylhexyl) phthalate (DEHP) free		Batch code
	Keep dry		Date of manufacture
			Use by date

This leaflet was written in December 2017. Version 1D.

Prosys® SensaCath® Intermittant Catheter is a registered trademark of Clinisupplies Ltd.


Clinisupplies

HEALTHCARE SOLUTIONS

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CS1075_1117