

Proslys® Vesica Catheterisation Pack

STERILE EO

Proslys® Vesica Hospital

- 1 x Field Blue PE Tissue Wrap
60 x 60cm
- 1 x White Plastic Apron
- 1 x Clinical Disposal Bag
- 2 x Pairs of Cuffed and Walleted
Latex Free Gloves Large
- 1 x Fenestrated Drape 50 x 60cm
N/A 10cm Circular Fen
- 1 x Blue PE Tissue Drape
60 x 60cm Folded
- 1 x Proslys® Drainage Bag 2000ml
- 5 x Non-woven Balls
- 5 x Non-woven Swabs
7.5cm x 7.5cm x 4 ply
- 1 x Catheter Fixation Strip
- 1 x Pulp White 800ml Kidney
Receiver
- 2 x Saline 15ml Pods

Proslys® Vesica Clinic

LAYER 1

- 1 x Field Blue PE Tissue Wrap
55 x 60cm
- 1 x White Plastic Apron
- 1 x White Disposal Bag
- 1 x Pair of Cuffed and Walleted
Latex Free Gloves Large
- 1 x 10ml Luer Slip Syringe
- 3 x Non-woven Swabs
7.5cm x 7.5cm x 4 ply

LAYER 2

- 1 x Field Blue PE Tissue Wrap
60 x 60cm
- 1 x White Plastic Apron
- 1 x Clinical Disposal Bag
- 2 x Pairs of Cuffed and Walleted
Latex Free Gloves Large
- 1 x Fenestrated Drape 50 x 60cm
N/A 10cm Circular Fen
- 1 x Blue PE Tissue Drape
60 x 60cm Folded
- 1 x Proslys® Leg Bag 500ml + straps
- 5 x Non-woven Balls
- 5 x Non-woven Swabs
7.5cm x 7.5cm x 4 ply
- 1 x Catheter Fixation Strip
- 1 x Pulp White 800ml Kidney
Receiver
- 2 x Saline 15ml Pods

Proslys® Vesica Community

LAYER 1

- 1 x Field Blue PE Tissue Wrap
55 x 60cm
- 1 x White Plastic Apron
- 1 x White Disposal Bag
- 1 x Pair of Cuffed and Walleted
Latex Free Gloves Large
- 1 x 10ml Luer Slip Syringe
- 3 x Non-woven Swabs
7.5cm x 7.5cm x 4 ply

LAYER 2

- 1 x Field Blue PE Tissue Wrap
60 x 60cm
- 1 x White Plastic Apron
- 1 x Clinical Disposal Bag
- 2 x Pairs of Cuffed and Walleted
Latex Free Gloves Large
- 1 x Fenestrated Drape 50 x 60cm
N/A 10cm Circular Fen
- 1 x Blue PE Tissue Drape
60 x 60cm Folded
- 1 x Proslys® Leg Bag 500ml + straps
- 5 x Non-woven Balls
- 5 x Non-woven Swabs
7.5cm x 7.5cm x 4 ply
- 1 x Catheter Fixation Strip
- 1 x Pulp White 800ml Kidney
Receiver
- 2 x Saline 15ml Pods

Instructions for Use

The risk of catheter related urinary tract infection is significantly reduced if good hand hygiene practice and aseptic non-touch technique (ANTT) is employed during catheterisation. Please refer to local policies for guidance on hand hygiene and catheterisation.

Proslys® Vesica catheterisation packs are available in three formats, each is designed with specific contents appropriate to the area of intended use:

Proslys® Vesica Hospital – for use in hospital wards and departments

Proslys® Vesica Clinic – for use in outpatient and community clinic settings

Proslys® Vesica Community – for use in non-clinical environments such as a patient's home

Catheter Removal

(Prosys® Vesica Clinic and Prosys® Vesica Community)

Catheter Removal Pack (1) contains equipment for removing existing catheter prior to change.

1. Apply gloves to clean hands.
2. Deflate catheter balloon using 10ml syringe. **NB.** If balloon volume in existing catheter is greater than 10ml, multiple aspirations will be required to ensure catheter balloon is completely empty.
3. Gently withdraw catheter.
4. Wipe meatus with gauze.
5. Dispose of catheter and used equipment according to local policy.

Catheter insertion

(All Prosys® Vesica Packs)

Catheter Insertion Pack (2) contains equipment for preparing patient and catheter insertion.

1. Open pack onto appropriate, clean surface.
2. Spread out wrapping to form sterile working area.
3. Open components onto sterile field.
4. Position waste bag for easy use during procedure.
5. Add required lubricant to sterile field and remove cap ready for use.
6. Empty cleansing fluid onto non-woven balls (use saline pods for irrigation – **DO NOT** use this fluid to inflate balloon).
7. Clean hands and apply sterile gloves.
8. Clean meatal area using gauze balls saturated in cleansing solution.
9. Apply lubricant to urethra according to manufacturer's guidelines.
10. Insert catheter using local policy/ANTT technique. Hold catheter using clear inner packaging. Do not touch catheter directly.
11. Insert catheter into bladder.

12. Once catheter is within the bladder, inflate catheter balloon to 10ml using pre-filled syringe of sterile water. **NB.** If there is any uncertainty regarding the position of the catheter do not inflate balloon as this may harm the patient.

Drainage device

1. Attach drainage bag/catheter valve to catheter.
2. Secure catheter to patient using fixation device.
3. Record procedure in patient record as per local policy. Include catheter traceability label in record.
4. Periodic observation of patient is required to ensure that the catheter is draining correctly and will allow for any potential problems to be identified and corrected.
5. Dispose of all used equipment according to local policy.

Instructions for needle-free urine sampling

The urine drainage bags supplied with Prosys® Vesica allow for needle-free urine sampling. This does not apply to the catheter valve.

1. Kink urine drainage tube approximately 5cms below sample port.
2. Wait for urine to accumulate in tube.
3. Wipe surface of sampling port with an alcohol impregnated swab.
4. Using aseptic technique insert tip of Luer slip syringe into port.
5. Aspirate desired volume of urine. 3-5ml is usually adequate.
6. Remove syringe and wipe sample port.
7. Un-kink tube and verify that urine is draining normally.
8. Transfer urine from syringe to appropriate sterile container making sure not to contaminate sample.
9. Send to laboratory for analysis according to local policy.
10. Dispose of all equipment according to local policy.

SYMBOL EXPLANATION

	Sterilized using ethylene oxide		Do not re-use		Catalogue number		Single sterile barrier system
	Caution		Do not re-sterilize		Batch code		Single sterile barrier system with protective packaging outside
	Contains or presence of Phthalates		Keep dry		Date of manufacture		Medical device
	Not made with natural rubber latex		Do not use if package is damaged		Use-by-date		Unique device identifier
	Consult instructions for use		Keep away from sunlight		Manufacturer		European conformity mark
	Authorized representative in the European community/European union						UK conformity mark

Any serious incident that has occurred with this device should be reported to the manufacturer or competent authority