

SensaCath® Aqua Hydrophilic Intermittent Catheter

with
WATER
SACHET

INSTRUCTIONS FOR USE

PLEASE READ CAREFULLY

GENERAL INFORMATION

SensaCath® Aqua Hydrophilic Intermittent Catheter has a sterile hydrophilic coating surface. It is ready for insertion into the urethra 15 seconds after activation of the coating by breaking the water sachet.

SensaCath® Aqua Hydrophilic Intermittent Catheter is a single use and latex free catheter which is made of phthalate free PVC (Polyvinyl Chloride) and coated with cross-linked PVP (Polyvinylpyrrolidone).

The surface layer of the catheter has a hydrophilic coating which will bind with sterile water in the separate sachet, creating a ready to use smooth slippery coating on the catheter. The hydrophilic coating provides ease of insertion of the catheter.

SensaCath® Aqua Hydrophilic Intermittent Catheter is used to drain the urine of people who cannot empty the urine in the normal way and intermittent catheterisation. It is for single use only and must be discarded after use.

STORAGE

It should be stored at room temperature whilst avoiding direct sunlight.

STERILISATION

The water sachet is sterilised using irradiation and the final product sterilised with EO gas.

WARNINGS

Intermittent self-catheterisation is a common procedure; however, you should always seek guidance from your healthcare professional and carefully read the instructions before use. Intermittent self-catheterisation using the SensaCath® Aqua Hydrophilic Intermittent Catheter should only be carried out under medical advice e.g. physician – and in accordance with the instructions given.

The sterile water in the sachet is harmless.

Nevertheless, do not use the catheter if the package is open or damaged, or has expired.

It is single use only. Reuse, reprocessing, cleaning, disinfection or re-sterilisation may compromise product characteristics which in turn may create a potential risk to the user. Catheterisation should be completed as soon as possible after the packaging is opened and the catheter should be removed once the bladder is empty.

In case of symptoms such as fever, discomfort/pain in the urinary tract, the desire to frequently empty bladder or having blood in the urine then consult your professional healthcare provider for advice and guidance. In the event of a serious side effect like bleeding from the urethra, urethral injury or urinary tract infection then please contact your doctor and or specialist nurse for treatment advice.

Users should be trained in the proper use of the SensaCath® Aqua Hydrophilic Intermittent Catheter. The user manual should be read carefully before carrying out catheterisation.

Clinisupplies accepts no liability or loss that may arise if this product is not used entirely according to the company's recommendations.

CONTRAINDICATIONS

- Acute urethritis, prostatitis or epididymitis
- Patients with PVC allergy
- Patients who have urinary stone disease

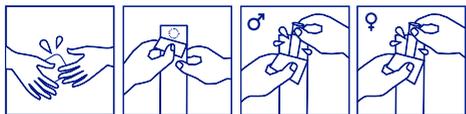
PRECAUTIONS

- If you feel any resistance during insertion, do not force the catheter. Pull the catheter back slightly, try and relax and then continue to introduce the catheter. If you cannot advance the catheter into the bladder seek medical advice
- If there is no urine flowing out, please check if the catheter is blocked or bent

INSTRUCTION FOR USE

SensaCath® Aqua Hydrophilic Intermittent Catheter is a two step catheter that requires the water sachet in the package to be broken to activate the catheter coating before inserting into the urethra. The procedure is as follows:

1. Begin by washing your hands and the area around the urethral orifice. It is important to avoid transferring bacteria onto the catheter from your hands or surrounding areas.
2. Break the water sachet by applying pressure to the foil sachet to release the water (fold the water sachet prior to applying pressure for ease of release). Attach the catheter package to a smooth surface using the sticky dot to allow 15 seconds for the hydrophilic coating to be activated.
3. Peel the package open and the catheter can be removed and used. Please take care not to drop or contaminate the catheter.



4. Preparation for insertion of the catheter:

a. Female:

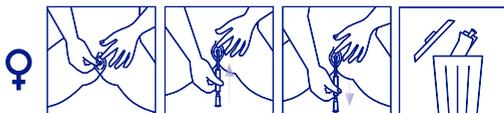
With one hand, part your labia to expose the urethral orifice.

b. Male:

Straighten out your urethra by lifting your penis with one hand. Avoid squeezing the penis, as this may make insertion of the catheter more difficult.

5. a. Female:

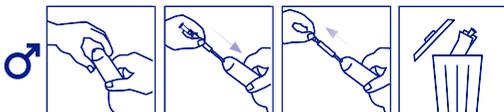
Without touching the clear catheter, use the **non-touch slider** or end connector to gently insert the catheter into the urethra approximately 2cm at a time.



b. Male:

Without touching the clear catheter, use the **non-touch slider** to gently insert the catheter into the urethra approximately 2cm at a time.

Just before the catheter reaches the bladder you may feel a slight resistance due to the sphincter.



6. Continue to insert the catheter into the urethra until urine starts to flow.

NOTE: The catheter can be connected to a urine drainage bag if there is no toilet nearby.

7. When the urine stops flowing, begin to withdraw the catheter by slowly rotating the catheter. Stop each time urine begins to flow and repeat until the bladder is empty.
8. Remove the catheter from the urethra after use and dispose of the catheter and packaging properly.

PACKAGING

Quantity per box: 30

| | | |
|------------------------------|--|---|
| STERILE EO | Sterilised using Ethylene oxide | Keep dry |
| STERILE R | Sterilised using irradiation (Only for water sachet) | Keep away from sunlight |
| | This device is free from natural latex | Do not use if package is damaged |
| | Not made with DEHP | LOT Batch code |
| Caution | | Date of manufacture |
| Do not re-use | | Use-by date |
| Do not re-sterilise | | REF Catalogue number |
| Consult instructions for use | | CE European conformity mark 0344 |
| STERILE Sterilised | | EC REP Authorised representative in the European Community |

Clinisupplies

Distributed by CLINISUPPLIES Ltd, 1 Blackmoor Lane, Croxley Park, Watford, Hertfordshire WD18 8GA, UK
Tel: +44 (0)20 8863 4168 Fax: +44 (0)20 8426 0768 Email: info@clinisupplies.co.uk www.clinisupplies.co.uk

HANGZHOU JIMUSHI MEDITECH Co., Ltd.
Building 1, No.12 Longtan Road, Cangqian Street, Yuhang District, Hangzhou, Zhejiang Province, PEOPLE'S REPUBLIC OF CHINA

EC REP SHANGHAI INTERNATIONAL HOLDING CORP. GMBH (EUROPE)
Eiffelstraße 80, 20537 Hamburg, GERMANY

03/21 v1DH

CE
0344